

#UnleashAwesomeness



Significant
THE POWER OF **72** RELATIONSHIPS

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 www.significant72.com

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It Takes Two Wings to SOAR

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1-2-3 Game

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The Spiral Effect

Stressful Event: Downward Spiral

Narrow and Notice

- Negative emotions compound
- Attention narrows
- Promotes negativity



Broaden and Build

- Positive emotions compound
- Attention broadens
- Promotes resilience

Positive Event: Upward Spiral

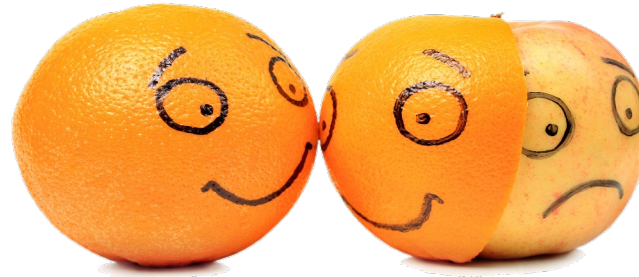
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**Never underestimate the
role emotions play...**



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**In groups of three or more... the
strongest emotion wins.**



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Who is this Bald Guy?



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Assistant Superintendent for Teaching and Learning



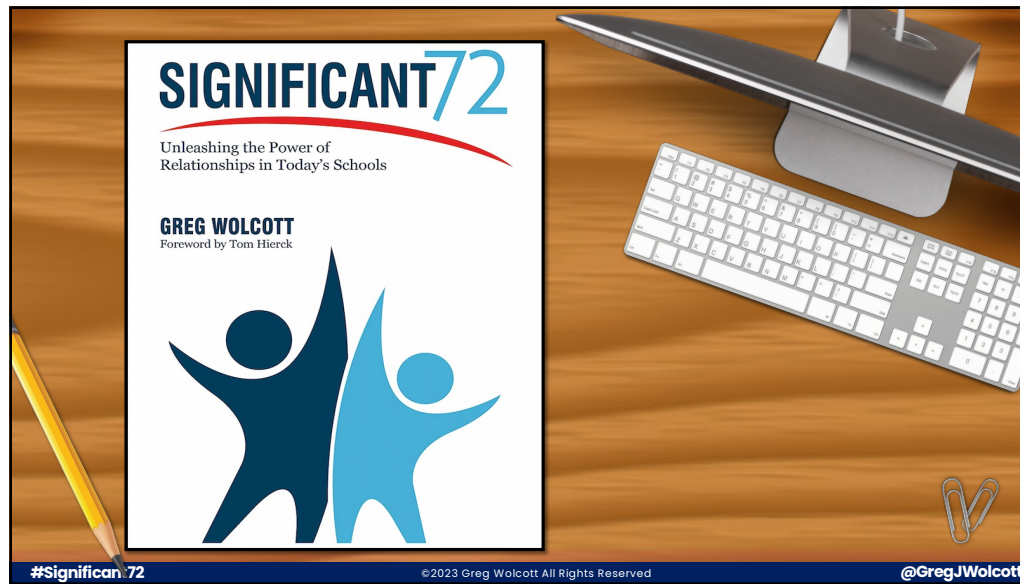
WOODRIDGE
SCHOOL DISTRICT 68

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Bruh, Bro, and ATM... Jack, 16



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Consultant

- Present and consult around the United States and Canada
- I will share today evidence, practice, and research conducted in schools around North America.

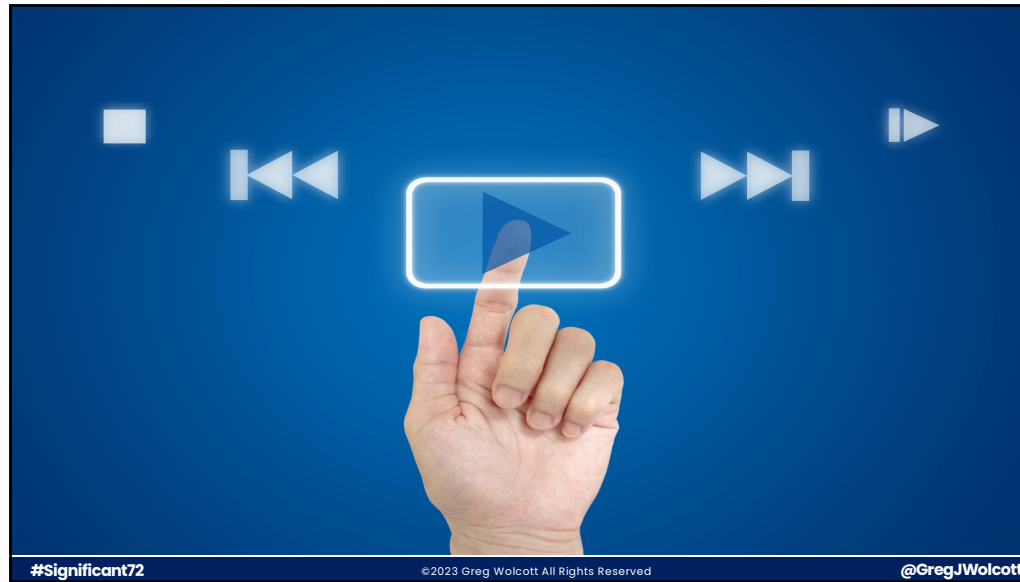


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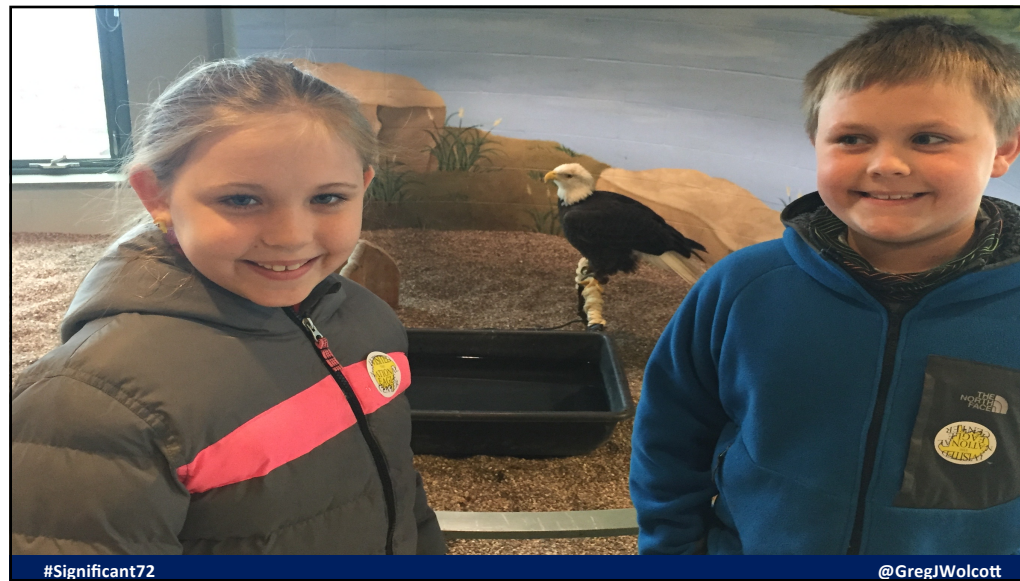
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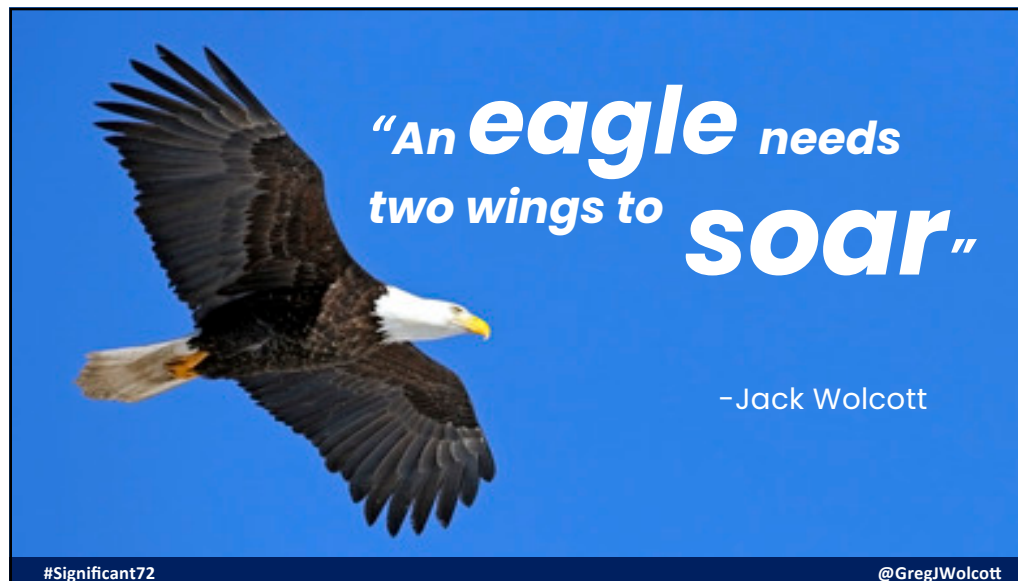
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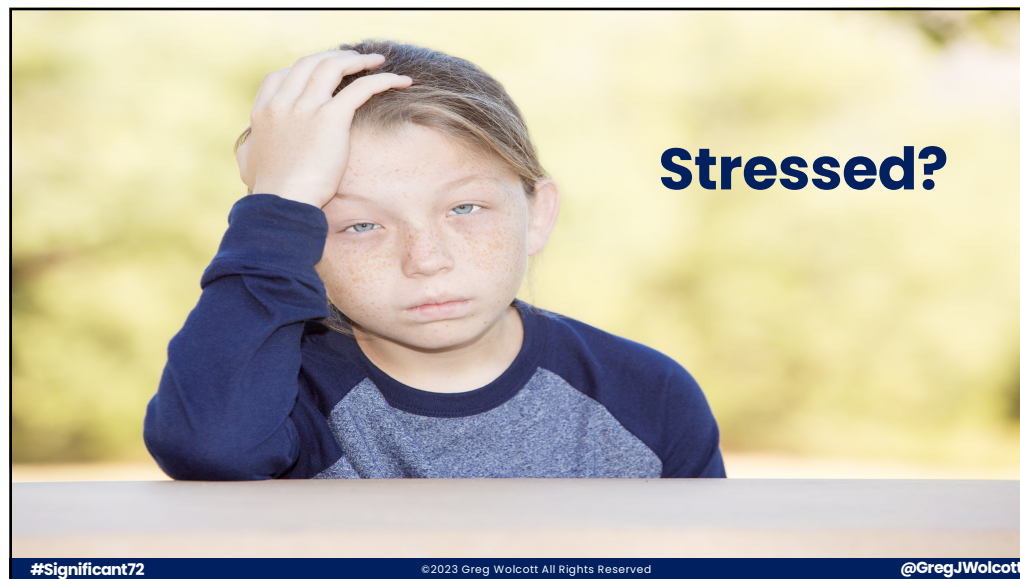
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Limbic System Overload

- When the limbic system is activated, our social perspective-taking becomes distorted.



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Connection

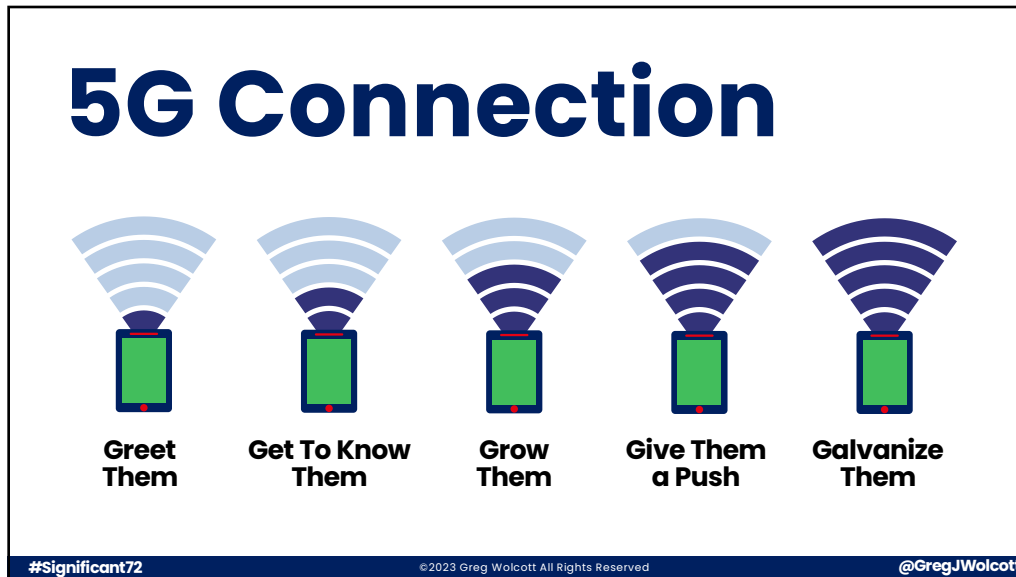


Connection is the energy created between people when they feel seen, heard, and valued when they can give and receive without judgment. Brene Brown

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5G Connection



Greet Them **Get To Know Them** **Grow Them** **Give Them a Push** **Galvanize Them**

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5G Connection



**Greet
Them**

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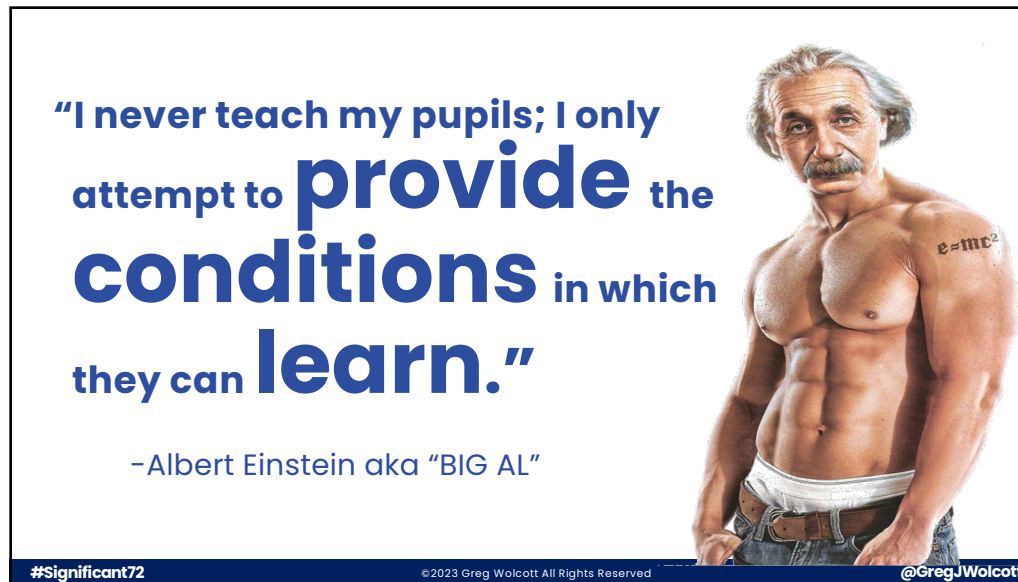
1. Greet Them

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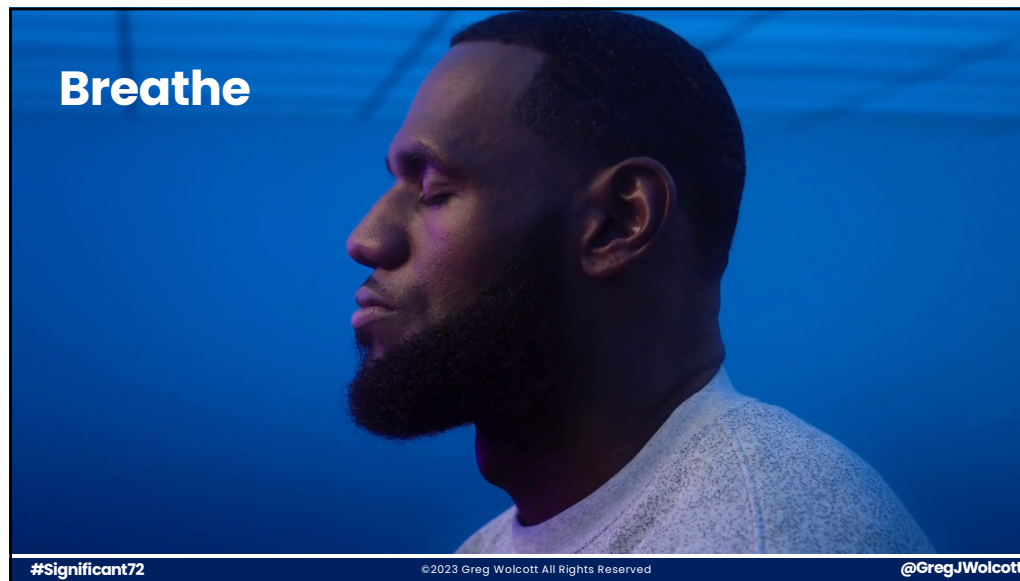
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5G Connection



**Greet
Them**



**Get To Know
Them**

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2. Get to Know Them

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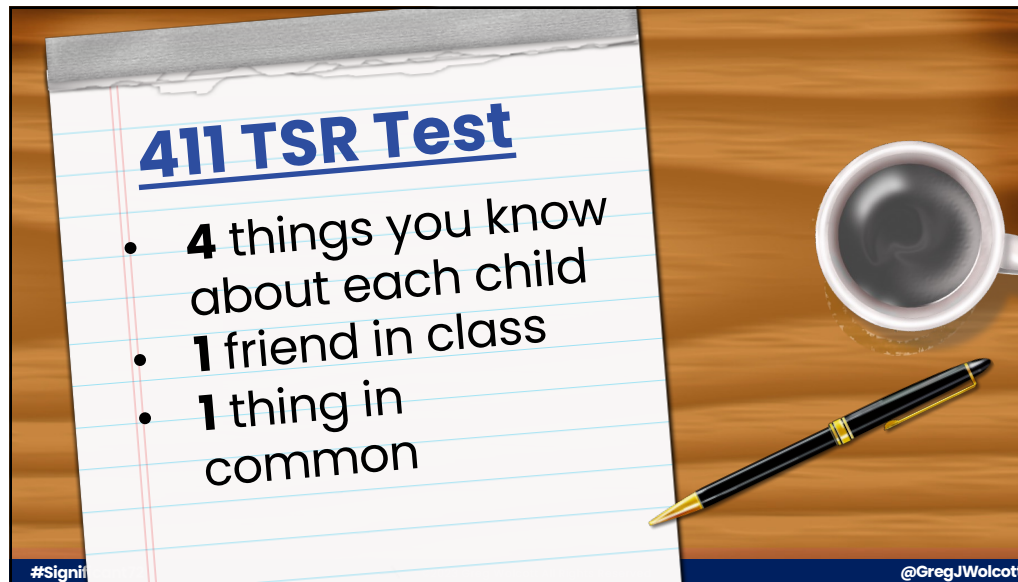
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5G Connection



**Greet
Them**



**Get To Know
Them**



**Grow
Them**

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3. Grow Them

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Self-Disclosure

- In what ways will you let them get to know you?

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411 TSR Student Test

- 4 things you know about your teacher
- 1 friend your teacher talks about
- 1 thing you have in common with your teacher

REVERSE IT
*More Impact!

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"You'll never believe what happened to me this weekend..."

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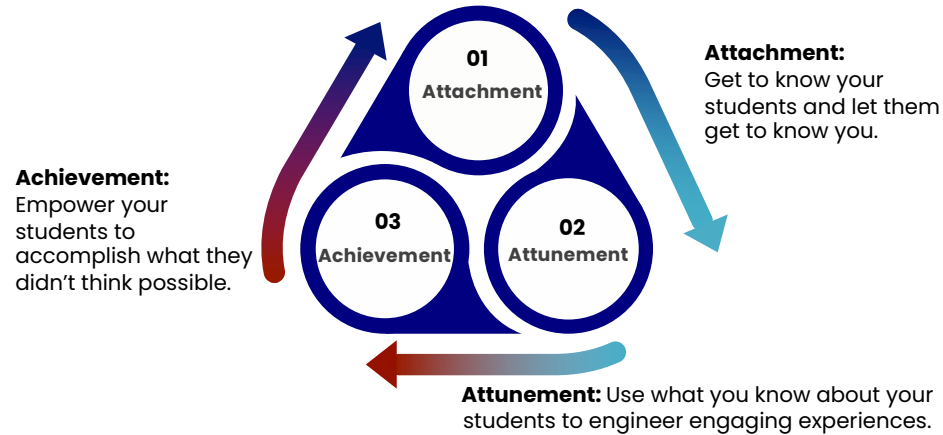


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3-Steps to Success



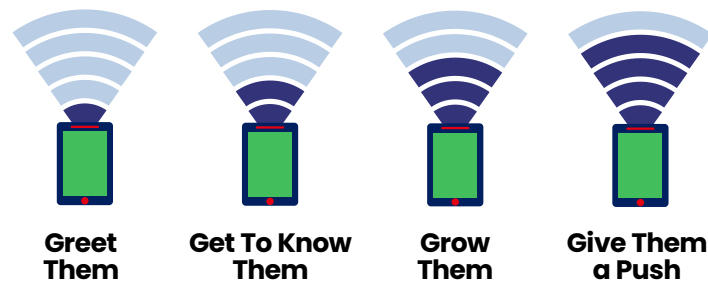
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5G Connection



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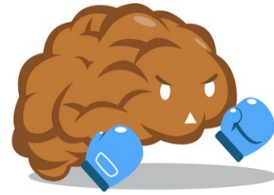


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The Main Event: Dynamic Tension



New Knowledge

VS



Existing Knowledge

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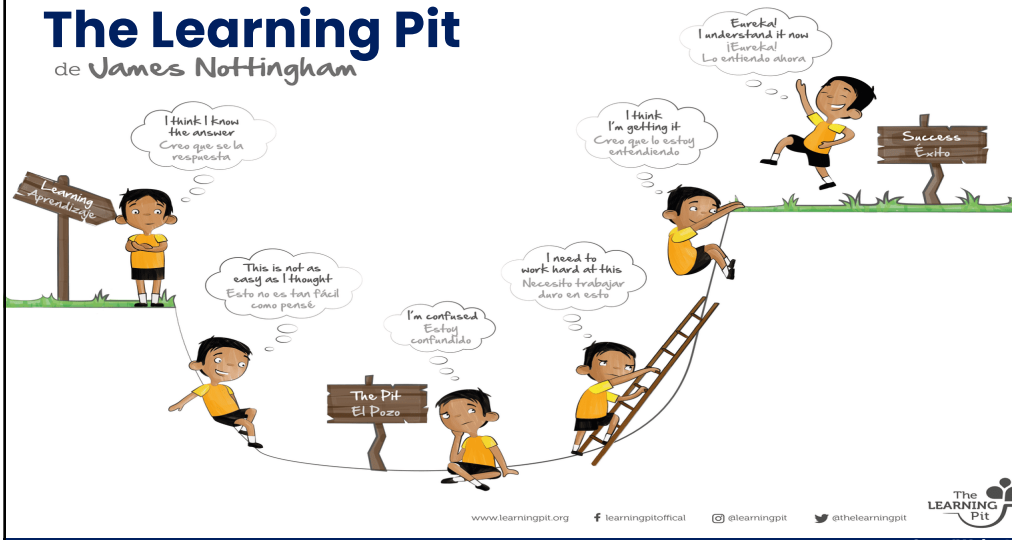
"She is pushing me because she believes I can do it!"



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The Learning Pit
de James Nottingham



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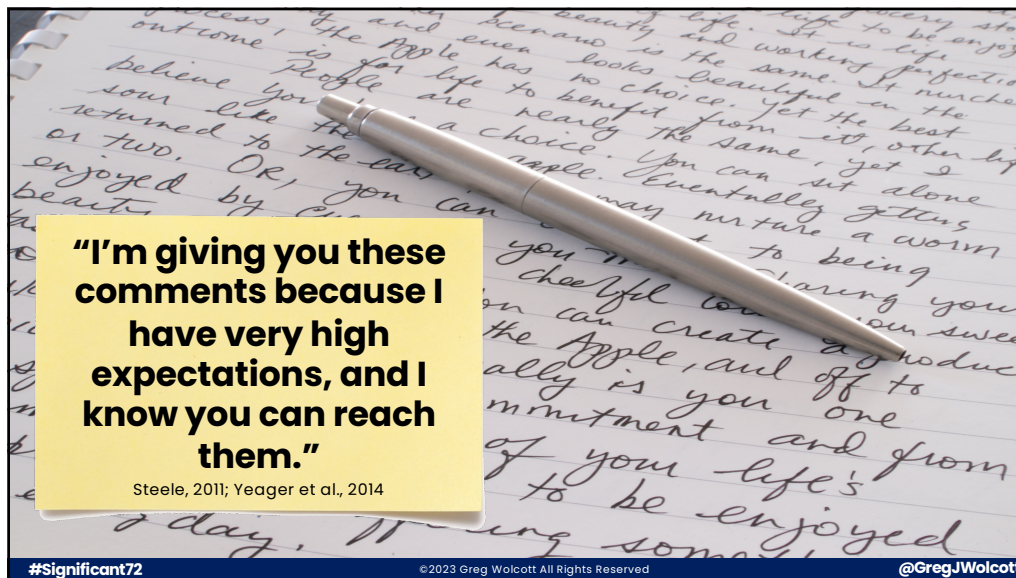
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***"I am challenging you because I know you are capable.
If I didn't believe in you or think you were capable,
I would give you something easy."***

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***"I'm giving you these
comments because I
have very high
expectations, and I
know you can reach
them."***

Steele, 2011; Yeager et al., 2014

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5G Connection



**Greet
Them**



**Get To Know
Them**



**Grow
Them**



**Give Them
a Push**



**Galvanize
Them**

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5. Galvanize Them

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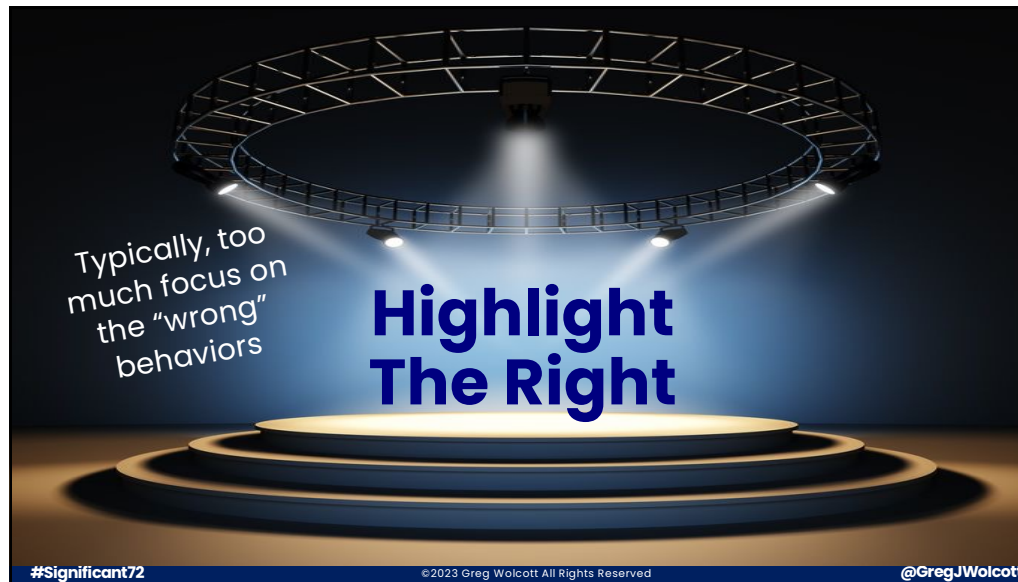
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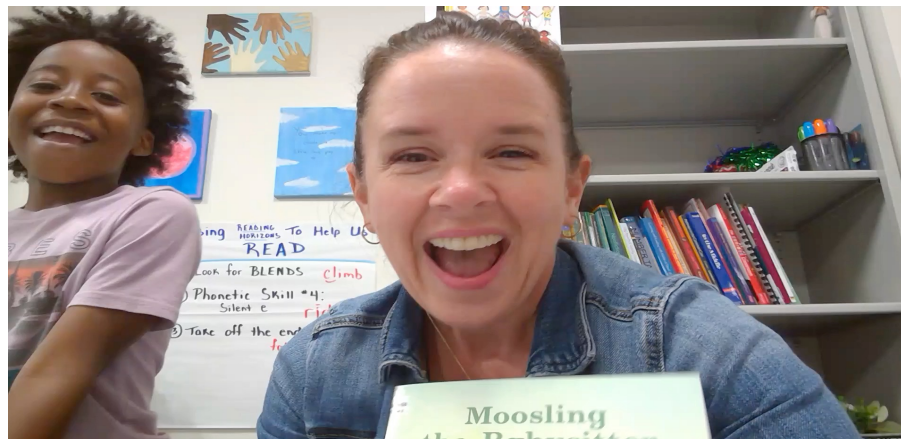


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Video Messages Home



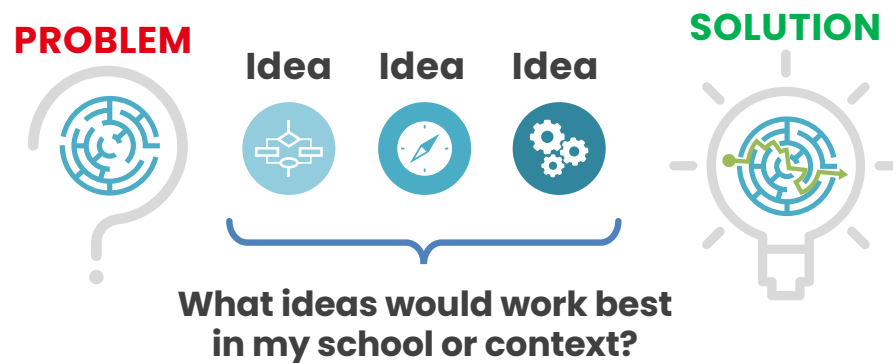
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Now what?



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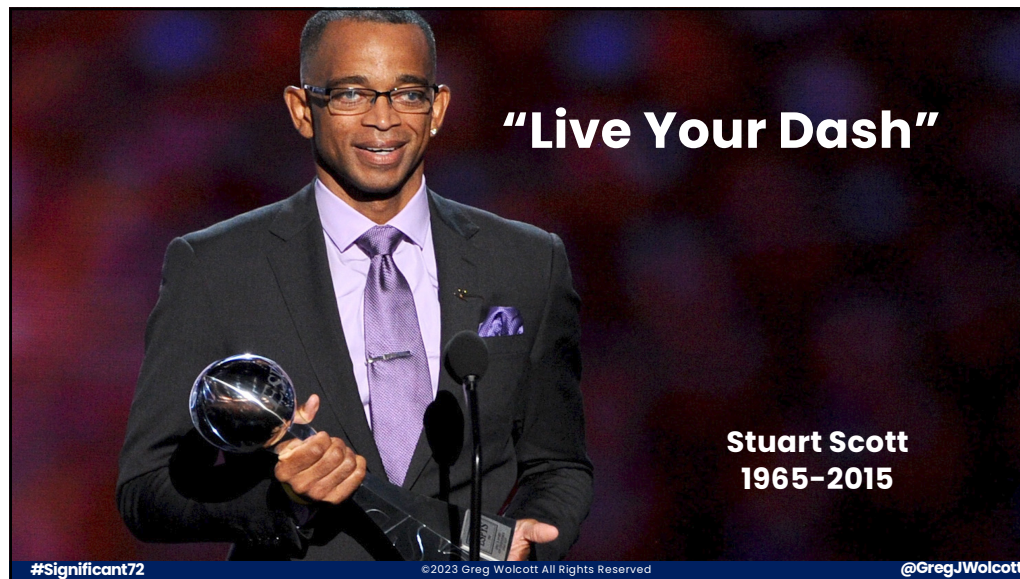
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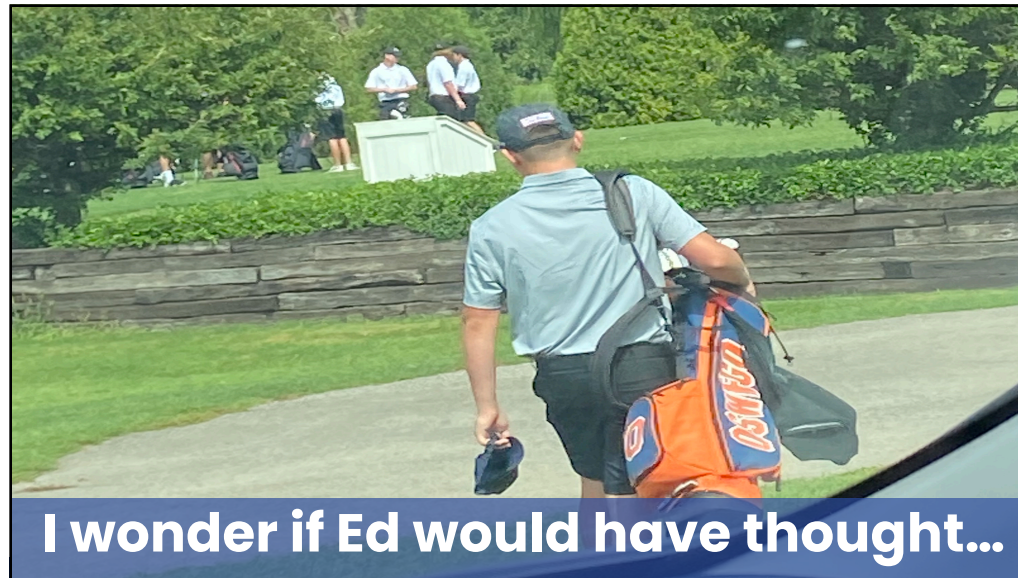
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The Summer of 2023

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